

Kente Circle Training Institute (KCTI)

Community of Practice: *A Supervision Mentoring Circle*

Sponsored by ReCast Minneapolis

Purpose

The purpose of this course is to create a community-circle of support for current supervisors and board approved supervisor candidates of color, as they supervise and mentor practitioners of color. In this space participants will discuss the unique challenges of providing mental health and social services to developing practitioners and clients of color working within predominately white organizations and the Minnesota social service system. This circle is designed to support individual and communal clinical skill growth and development. We anticipate that the collective knowledge and experience of the participants will generate information on supervising in an ethical, culturally responsive and responsible manner.

Prerequisites

Candidates must be a person of color and actively supervising practitioners of color.

Ideal candidates would also have completed 30 hours of supervision training or a minimum of 2 years post licensure clinical experience.

Course Capacity: up to 12 people

Course Fee: \$200.00 due within 30 days of starting group. Arrangements can be made accommodate cost.

Continuing Education Units

36 hours of CEU's through MN boards of Marriage and Family Therapy, Social Work, Behavioral Health Therapies and Psychology is pending.

Course dates and duration

The course will meet monthly for 3 hours (total of 36 hours) and provide mentoring over 12 months. Participants will receive a 36-hour certificate of completion at the end of the course.

2020

March 13, 9:00 am -12pm

April 10, 9:00 am -12pm

May 8, 9:00 am -12pm

June 5, 9:00 am -12pm

July 24, 9:00 am -12pm

August 14, 9:00 am -12pm

September 11, 9:00 am -12pm

October 23, 9:00am -12pm

November 13, 9:00 am -12pm

December 11, 9:00 am -12pm

January 15, Final Gathering

**** 3 hours will be counted towards the administration and processing of the Intercultural Development Inventory (IDI) Assessment. These hours will occur 1:1 outside of circle meetings.*

Objectives

- Discuss each person's supervision philosophy
- Nurture Individual and Communal awareness of bias and growth areas
- Explore core supervisor competencies
- Gain awareness of requirements and procedures for supervising clinical trainees in the state of MN
- Learn practical skills to structure supervision and navigate supervisory relationships
- Practice and participate in live supervision and reviewing supervisees' prerecorded supervision sessions
- Explore culturally specific supervision practices (engaging supervisees by deconstructing traditional supervision practices and exploring intersections of race, culture and spirituality)
- Identify and practice skills needed to promote cultural sensitivity in supervision
- Learn to identify your own and supervisees' areas of growth relative to culture, ethnicity (race), gender identity, LGTBQ, economic and ability issues
- Explore ethical practices across diverse communities
- Support the clinical development of supervisors and practitioners of color
- Nurture and develop a community of support (creating a container for conversations specific to communities of color)

Learning Modality

We are excited to offer participants opportunities to learn through lecture, reflection, panel discussions, supervision/case-consultation, live supervision and observation, etc. We will also include an Intercultural Development Inventory (IDI) Assessment individually for participants as well as the group.

Co Facilitated by: Instructors

Larry G. Tucker, M.S., LMFT, MN Approved MFT & LPC Supervisor,

ltucker@kentecircle.com

612-243-1600

Larry is the owner and co-founder of Kente Circle founded in 2004 and CEO/President of the Kente Circle Training Institute (KCTI) founded 2015.

Larry identifies himself as a relational therapist and supervisor. ***“I believe that isolation is a major cause of mental illness and the cure for this disease lies within relationships....”*** Larry enjoys helping individuals, couples and families navigate life’s challenges. He believes that everyone has strength that can aid them at their lowest moments in life. His approach is grounded in focusing on each person’s strengths. However he feels ***“It is important that each of us learn to embrace our weakness and areas of growth by acknowledging where we have difficulties. True healing occurs only when people are brave enough to embrace that pain is a normal part of life and acknowledge that suffering is a choice.”***

Larry is an Adjunct Professor at St. Mary’s University, Twin Cities Campus, in their Masters Program for Marriage and Family Therapy. Larry has 20 plus years of experience in the social service field. He is an AAMFT Approved Supervisor, Minnesota MFT and LPC Board Approved Supervisor. Larry is also a trainer and consultant to agencies who are interested in enhancing their cultural knowledge and experiences with their staff and clients. As a trainer and consultant his goal is to inspire people to resist giving into the fear that comes with the unknown. He believes that ***“Fear has a way of immobilizing people and their dreams.”*** Larry hopes to encourage clients and trainees to lean into their fears and difficult conversations by being curious about what they don’t understand.

Renita Wilson, MSW, LICSW, MN Approved Social Work Supervisor,

rwilson@kentecircle.com

612-243-1600

Renita Wilson is a Licensed Independent Clinical Social Worker (LICSW) and Clinical Director of Kente Circle.

Since 2011, Wilson served as an associate therapist and intern supervisor, becoming Clinical Director in 2015. In addition to overseeing operations and maintaining a clinical caseload, Wilson supervises a staff of approximately 20 clinicians and interns who make up KCTI’s internship program. Prior to joining Kente Circle, Wilson served as Licensing Supervisor of Ramsey County Child

Foster Care managing all functions of the department including supervising 16 staff members. Wilson also spent four years as a Children's Mental Health Case Manager for Ramsey County Human Services after spending seven years as a Program Manager at African American Adoption Agency. Wilson has over eleven years of experience providing on-call mental health counseling for Regions Hospital and Touchstone Residential Facility. She started her career in mental health services at Amherst Wilder Foundation where she worked for four years. Wilson is a member of the Minnesota Association of Black Social Workers, an active member of the MN Board of Social Work Advisory Committee, and a MN Board Approved Supervisor for LICSWs.

References

Hardy, K.V., & Laszloffy, T.A. (1995). The Cultural Genogram: A Key to Training Culturally Competent Family Therapist. *Journal of Marital and Family Therapy*, 21, 227-237.

Hardy, K.V., & Bobes, T. (2017) Promoting Cultural Sensitivity In Supervision: A Manual for Practitioners. Routledge

Storm, C. L. & Todd, T. C. (Eds.) *The Reasonably Complete Systemic Supervisor Resource Guide.*, Allyn & Bacon.

Munson, C. E., (2012). *Contemporary Clinical Social Work Supervision: A Mentoring and Monitoring Model*, 2nd edition. Association of Social Work Boards.

The AAMFT Supervision Handbook:

http://aamft.org/membership/ApprovedSupervisor/AS_Main.asp

About Kente Circle Training Institute

Kente Circle Training Institute (KCTI) was established to meet increasing demand for the training work of Kente Circle. Formed in 2004, Kente Circle is an African American-owned clinic that offers culturally responsive therapy as well as training opportunities for mental health professionals. In partnership with local universities, Kente Circle has trained over 110 graduate students its intensive yearlong internship program. Kente Circle's reputation has attracted local and national experts to nearly 100 workshops and conferences. KCTI is now home to this non-profit training work, while Kente Circle continues to provide therapy for individuals, couples and families. KCTI's trainings reach hundreds of professionals each year in mental healthcare, education, juvenile justice, social services and beyond. KCTI is proud to offer programs that support the professional development of people of color while providing opportunities for white people to develop meaningful relationships and practical skills in addressing the role of race in their work.